

WEEK COMMENCING02/09/2024 23/09/2024 14/10/2024 04/11/2024 25/11/2024 16/12/2024 06/01/2025 27/01/2025 17/02/2025 10/03/2025
31/05/2025**BREAK & LUNCH TIME HOT DELI****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****POWER BITES**Jollof Rice
R08965French Bread Pizza
R08804Hoisin Noodles
R08835Smoked Sausage & Bean
Pasta
R08801/ R08828

Manager's Special

SOUP

Chef's Homemade Soup

Roasted Tomato & Basil
R02634

Chef's Homemade Soup

Carrot & Cumin Soup
R09064

Chef's Homemade Soup

HOT BLUE DOTDaily Special Blue Dot,
Choose 1 from the PVRDaily Special Blue Dot,
Choose 1 from the PVRDaily Special Blue Dot,
Choose 1 from the PVRDaily Special Blue Dot,
Choose 1 from the PVRDaily Special Blue Dot,
Choose 1 from the PVR**NATURALLY HOT**Chilli & Lime Glazed Tofu
Skewer with Tomato Rice
R09070Vegan Singapore Noodles
R05732Jerk Jackfruit Open Wrap
R09069Pakistani Tarka Dhal
R09083

Manager's Special

FROM THE OVEN - BREAK ONLYMozzarella & Tomato Pizza
Ham, Cheese & Tomato
Pizza
R07564/ R07565/ R01929/
R01933/ R07568/ R01964Southern Style Chicken
Wings
R09078 / R09099Mozzarella & Tomato Pizza
Pepperoni, Cheese &
Tomato Pizza
R07564/ R07566/ R01929/
R01930/ R07569/ R05906Indian Appetizer Pot
R09077Mozzarella & Tomato Pizza
BBQ Chicken Pizza
R07564/ R07567/ R01929/
R09165/ R09166**MEAT AND VEGETABLE PANINIS – MINIMUM OF 1 FLAVOUR FOR BREAK & LUNCH**Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Chicken Tikka or BBQ
Pepperoni
R09144/ R09146/ R06212/
R06219/ R09147/ R09143Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
BBQ Bean or BBQ Sausage
R05652/ R09157/ R09158/
R09159/ R09160/ R09161Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Ham & Cheese or Vegan
Roast Vegetable
R01852/ R09148/ R09155/
R09156/ R09149Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Pepperoni or BBQ Chicken
R09138/ R09141/ R09151/
R09152/ R09139/ R09153Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Manager's Special**FIRM FAVOURITES – MINIMUM OF 2 DAILY CHOSEN FROM THE PVR**

WEEK COMMENCING

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17/02/2025 10/03/2025 31/03/2025

LUNCHTIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Buffalo Chicken with
Smoked Paprika Wedges
and Cajun Corn
R08952 / R08987Classic Beef Lasagne,
Garden Salad &
Homemade Garlic Bread
R08954 / R09112Honey Glazed Gammon or
Lemon & Thyme Roast
Chicken, Crisp Roasties,
Seasonal Veg and House
Gravy
R08939 / R09107Chicken Massaman Curry,
Wholegrain & White Rice
with
Pineapple, Lime &
Cucumber Salsa
R08955 / R08984Chip Shop "Fryday" Fish,
Pizza or Fishcake &
Chips with Peas and
Tartare Sauce.
R06316/ R06317/
R07677/ R07674/
R07679

MAIN COURSE VEGETARIAN

Bang Bang Cauliflower
with
Smoked Paprika Wedges
and Cajun Corn
R08986Vegetable & Mixed Bean
Lasagne, Garden Salad &
Garlic Bread
R08957Leek & Spinach
Wellington, Crisp
Roasties, Seasonal Veg
and House Gravy
R08958Pea and Halloumi Fritters,
Wholegrain & White Rice
with
Pineapple, Lime &
Cucumber Salsa
R08959Vegan Onion Bhaji
Burger, Slaw, Chips &
Peas
R07521

DESSERT OF THE DAY

Chocolate Sponge &
Chocolate Sauce
R07484Apple Strudel & Custard
R08910Peach Kuchen
R08891Pear & Cocoa Sponge
R08902

Manager's Special

STREET VIBES – LUNCH ONLY

Buffalo Cauliflower
Wings on Salt & Pepper
Wedges
R08072Garlic & Lemon Chicken
Gyros
R08607 / R08830Chicken Yakitori with
Rice
R08599 / R08832Loaded Potato Skins
R08606 / R09296

Manager's Special

HOT PASTA POT – BREAK & LUNCH

Tomato & Basil Pasta Pot
R06279 / R06280Creamy Pesto Pasta Pot
R08997/ R08999Tomato & Basil Pasta Pot
R06279 / R06280Pasta in Cheese Sauce
R06286 / R06287Tomato & Basil Pasta Pot
R06279 / R06280

WEEK COMMENCING

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03/02/2025 24/02/2025 17/03/2025

BREAK & LUNCH TIME HOT DELI**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****POWER BITES**

Indian Spiced Mushroom
Rice
R08554

French Bread Pepperoni
Pizza
R08841

Sesame Noodles
R08809

Pasta with Cheese Sauce
R08802

Manager's Special

SOUP

Chef's Homemade Soup

Leek & Potato
R07526

Chef's Homemade Soup

Smokey Chilli & Tomato
R09066

Chef's Homemade Soup

HOT BLUE DOT

Daily Special Blue Dot,
Choose 1 from the PVR

Daily Special Blue Dot,
Choose 1 from the PVR

Daily Special Blue Dot,
Choose 1 from the PVR

Daily Special Blue Dot,
Choose 1 from the PVR

Daily Special Blue Dot,
Choose 1 from the PVR

NATURALLY HOT

Reggae Reggae Jackfruit
Curry
R09074

Spiced Paneer & Red Onion
Naan
R07694

Vegan Ramen Bowl
R09071

The Big Plant Burger
R06220

Manager's Special

FROM THE OVEN - BREAK ONLY

Mozzarella & Tomato Pizza
Ham, Cheese & Tomato
Pizza
R07564/ R07565/ R07568/
R01929 / R01933/ R01964

Korean BBQ Chicken Wings
R09096 / R09105

Mozzarella & Tomato Pizza
Pepperoni, Cheese & Tomato
Pizza
R07564/ R07566/ R07569/
R01929 / R01930/ R05906

Indian Appetizer Pot
R09077

Mozzarella & Tomato Pizza
BBQ Chicken Pizza
R07564/ R07567/R01929 /
R09165/ R09166

MEAT AND VEGETABLE PANINIS – MINIMUM OF 1 FLAVOUR FOR BREAK & LUNCH

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Pepperoni or BBQ Chicken
R09138/ R09141/ R09139/
R09140/ R09151/ R09153/
R09152

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Vegan BBQ Sausage or
Chicken Tikka
R09162/ R09163/ R09144/
R09146/ R09147

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
BBQ Bean or Ham & Cheese
R05652/ R09157/ R09148/
R01852/ R09149/ R09150

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
BBQ Pepperoni or Vegan
Roast Vegetable
R06212/ R06219/ R09143/
R09142/ R09155/ R09156

Pizza Melt or Just Cheese
R09067/R09068/R09136/
R09137
and
Manager's Special

FIRM FAVOURITES – MINIMUM OF 2 DAILY CHOSEN FROM THE PVR

WEEK COMMENCING

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LUNCHTIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Traditional Sausage & Mash with Onion Gravy
R08904 / R07555Creamy Garlic Chicken & Mushroom Pasta with Garden Salad
R08976 / R09244Roast Breast of Turkey, Crisp Roasties, Seasonal veg and House Gravy
R08937 / R09109Smokey Beef Chilli Con Carne with Rice, Nachos and Corn
R06306 / R09113Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas and Tartare Sauce.
R06316/ R06317/
R07677/ R07674/
R07679

MAIN COURSE VEGETARIAN

Vegan Sausage & Mash with Onion Gravy
R08906Gnocchi with Roasted Vegetables in a Tomato & Basil Sauce
R08961Open Harissa Roasted Squash & Feta pie, Seasonal Veg or Salad
R08962Smokey Plant Based Chilli with Rice, Nachos and Corn
R06307Vegan Falafel Burger, Naked Slaw, Mango Chutney, Chips & Peas
R07420

DESSERT OF THE DAY

Apple Pie & Custard
R07617Peach & Pineapple Crumble
R08913Sticky Coconut & Jam Pudding
R08914Baked Churros with Chocolate Sauce
R08076

Manager's Special

STREET VIBES – LUNCH ONLY

Caramelised Onion & Mozzarella Poutine
R08940Gochujang Chicken and Sesame Rice Pot
R08893 / R08995Mei Goreng Indonesian Fried Noodles
R08833Korean Fried Crispy Chicken
R08044 / R08107

Manager's Special

HOT PASTA POT – BREAK & LUNCH

Tomato & Basil Pasta Pot
R06279 / R06280Creamy Pesto Pasta Pot
R08997/ R08999Tomato & Basil Pasta Pot
R06279 / R06280Pasta in Cheese Sauce
R06286 / R06287Tomato & Basil Pasta Pot
R06279 / R06280

WEEK COMMENCING

26/08/2024 16/09/2024 07/10/2024 28/10/2024 18/11/2024 09/12/2024
30/12/2024 20/01/2025 10/02/2025 03/03/2025 24/03/2025

BREAK & LUNCH TIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

POWER BITES

Rice n Peas
R08974

Piri Piri Glazed Bread Sticks
R08885

Sweet Chilli Noodles
R08807

Pasta Arrabiata
R09097

Manager's Special

SOUP

Chef's Homemade Soup

Mexican Red Pepper &
Tomato
R06178

Chef's Homemade Soup

Caribbean Sweet Potato
Soup
R09065

Chef's Homemade Soup

HOT BLUE DOT

Daily Special Blue Dot,
Choose 1 from the PVR

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NATURALLY HOT

Fork Friendly Falafel Kebab
R09075

Smoked Tofu and Caponata
Burger
R09072

Seeded Vegan Sausage Roll
R09076

Onion Bhaji Skewer with
Bombay Potatoes
R09073

Manager's Special

FROM THE OVEN - BREAK ONLY

Mozzarella & Tomato Pizza
Ham, Cheese & Tomato
Pizza
R07564/ R07565/ R07568/
R01929/ R01933/ R01964

Sticky Chinese Chicken
Wings
R08855/ R08856

Mozzarella & Tomato Pizza
Pepperoni, Cheese & Tomato
Pizza
R07564/ R07566/ R07569/
R01929/ R01930/ R05906

Indian Appetizer Pot
R09077

Mozzarella & Tomato Pizza
BBQ Chicken Pizza
R07564/ R07570/ R07567/
R01929/ R09165/ R09166

MEAT AND VEGETABLE PANINIS – MINIMUM OF 1 FLAVOUR FOR BREAK & LUNCH

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Ham & Cheese or Vegan
Roast Vegetable
R01852/ R09148/ R09149/
R09150/ R09155/ R09156

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
BBQ Bean or BBQ Sausage
R05652/ R09157/ R09158/
R09159/ R09160/ R09161

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Chicken Tikka or BBQ
Pepperoni
R09144/ R09146/ R09147/
R06212/ R06219 / R09142/
R09143

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Pepperoni or BBQ chicken
R09138/ R09141/ R09139/
R09140/ R09151/ R09152/
R09153

Pizza Melt or Just Cheese
R09067/ R09068/ R09136/
R09137
and
Manager's Special

FIRM FAVOURITES – MINIMUM OF 2 DAILY CHOSEN FROM THE PVR

WEEK COMMENCING

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LUNCHTIME HOT DELI

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN COURSE

Kung Pao Chicken,
Wholegrain & White Egg
Fried Rice
R07611 / R07649Beef & Tomato Ragout
with Wholegrain Pasta &
House Salad
R08969 / R09106Roast Shoulder of Pork
or Salt & Pepper Roast
Chicken, Crackling, Crisp
Roasties, Seasonal Veg
and House Gravy
R08947 / R09111Chicken Bhuna with
Pilau rice and
Homemade Raita
R08963 / R08990Chip Shop "Fryday" Fish,
Pizza or Fishcake &
Chips with Peas and
Tartare Sauce.
R06316/ R06317/
R07677/ R07674/
R07679

MAIN COURSE VEGETARIAN

Sweet and Sour Vegetables
with Wholegrain & White
Egg Fried Rice
R08899Plant Based Ragout with
Wholegrain Pasta &
House Salad
R07261Crunchy Topped
Macaroni Cheese, House
Salad or Seasonal
Vegetables
R08968Paneer & Chickpea Korma
with Pilau rice and
Homemade raita
R08966Jamaican Squash Pasty
with Sweet Chilli Sauce and
Chunky Chips
R08972

DESSERT OF THE DAY

Pineapple Upside Down
Cake
R08951Warm Blueberry Sponge
R08923Dropped Pancake Bar
R08156Apple & Mixed Berry
Crumble with Vanilla
Sauce
R07615

Manager's Special

STREET VIBES – LUNCH ONLY

Chinese Style Vegan
Noodles
R08058Chipotle Chicken
Chimichanga
R08598 / R08991Loaded Mediterranean
Street Cart Wedges
R08889Thai Fried Rice
R08890

Manager's Special

HOT PASTA POT – BREAK & LUNCH

Tomato & Basil Pasta Pot
R06279 / R06280Creamy Pesto Pasta Pot
R08997/ R08999Tomato & Basil Pasta Pot
R06279 / R06280Pasta in Cheese Sauce
R06286 / R06287Tomato & Basil Pasta Pot
R06279 / R06280